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## **Health and Safety Awareness** Download PDF Course Aim

To understand responsibilities and protocol regarding Health and Safety.

## **Learning Outcomes**

- Understand what Health and Safety means.
- Know your responsibilities and those of your employer.
- Understand the relevant Health and Safety legislations.
- Be aware of tasks that will require special training.
- Be aware of common accidents and sudden illnesses.
- Know what to do in an emergency.
- Understand how to create a Risk Assessment.
- Understand methods of working safely with hazardous materials
- Know methods and procedures to prevent fires.
- Recognise the symptoms, causes and treatment for work related stress.



Health and Safety Awareness

This course is aimed at all those working in professional settings. More Information  $% \left( 1\right) =\left( 1\right) \left( 1\right) +\left( 1\right) \left( 1\right) \left( 1\right) +\left( 1\right) \left( 1\right) \left$ 

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