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Mental Health Awareness Download PDF

Course Aim

To gain an understanding of the types of Mental Illnesses that may affect Residents and how best to support them.

Learning Outcomes

- Be aware of the history of mental health treatment in the UK
- Recognise the stigma surrounding mental health
- Understand how mental health impacts the care sector
- Recognise the key legislation underpinning the treatment of mental illness
- Be aware of the causes of mental health conditions
- Be aware of the different ways mental illness can manifest
- Know symptoms of some mental health illnesses
- Be aware of the different types of personality disorders
- Recognise the symptoms of psychosis and schizophrenia
- Know how psychosis and schizophrenia are treated
- Understand the difference between learning difficulties and learning disabilities
- Recognise the impact of stress on wellbeing and mental health
- Know ways to look after your mental health
- Know the Roles and Responsibilities of staff in care homes
- Know of different resources and organisations available to support those with mental health issues

Mental Health Awareness

This course is aimed at people requiring a Level 2 in Mental Health Awareness covering causes and types of mental illness, personality disorders, psychosis and wellbeing.
More Information

E-Learning

80 Mins

£12.00 inc. Tax
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